





TOP OF THE ROCK

RESTAURANT & BREWERY

Mon-Thurs Fri-Sat Sun Brunch

11am - 10pm 10am - 3pm



Don't forget to come join us at Top of the Rock! The Oktoberfest celebration at Top of the Rock will have limited time food offerings, as well as our delicious Oktoberfest beer. See you soon!

OKTOBERFEST

Sept 14th - Oct 11th



Join us for German specials and fresh Oktoberfest beer!



CHRIS and PETRI M

Owners of JF614

Hello future neighbors! Petri and I are looking forward to settling in our forever home in Jasper Highlands. We first contacted Jody Smith after attending an Ideal Living seminar and getting drawn into the "Retire in Tennessee" booth. Being residential nomads, we wanted to find a location with a mild winter, a development with planned activities, recreational facilities, a sense of community and close to an international airport (Atlanta-Hartsfield). After about a year of corresponding with Jody, we set our discovery package tour. We met Danny Mizzell, who listened to our wants for a lot and when he showed us JF614, we were sold. The hospitality and welcome both Jody and Danny showed us was appreciated by Petri and I. The monthly newsletters by Jill Bynum are both informative and make us feel like we are already part of the community.

We currently live in Clifton, NJ., about 12 miles as the crow flies from New York City. Petri is originally from San Diego,



CA., and I grew up in Worcester, MA. We both joined the service out of high school, with Petri joining the Air Force eventually serving in the 1st Gulf War and I served in the U.S. Navy.

We met in Charleston, SC, fell in love and have been married almost 30 years. I promised to take her on one vacation a year, just us and one with our five children. We have been able to realize our vacation dreams. Our children Kristina, Charde, Marco, Cherish, and Bryana are all adults on their own making their way through life. Two of them, Marco and Cherish also served in the military. We have two grandchildren, Phoebe and Emmett, and one on the way. We look forward to having them spend their formidable summers with us on the mountain. After our seven moves it is great to begin planning on building our forever home and look forward to working with a builder and design center.



My 27-year career as a federal special agent with the Treasury Department and Department of Homeland Security (DHS) took us from Riverside, CA., Charleston, SC., Miami, FL., El Centro, CA., Washington, DC., U.S. Embassy in Panama, and currently, New Jersey. After retiring and earning my doctorate, I began my second passion, teaching. I now teach college as an assistant professor at St. John's University in New York City. I teach homeland security, emergency management, intelligence, and terrorism courses.

Petri has always been there for me and has held the family together. During our many travels, she has held a variety of jobs from legal assistant, police dispatcher and pretrial services officer. After completing her master's from Seton Hall University, she secured her career as a human resource manager with DHS. We both enjoy destination sprint triathlons, completed 3 NYC marathons, and love international travel. Earlier this year we visited Spain and next summer, Greece. We are looking forward to being active participants of the community, learning pickle ball, hiking, yoga, swimming, and finding other cigar enthusiast.





Personal Training

1-on-1 personal training helps you set, pursue, and maintain your fitness goals. Our certified fitness trainers ensure that you are training safely, and getting the maximum benefit out of each session. We invite you to schedule a complimentary session, which includes a tour of the studio, medical screening, goal setting consultation, and training.

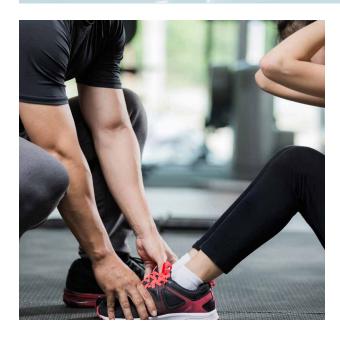
A Healthy Life

Busy lives? Fast food? Quick fixes? The fitness industry has made a fortune out of feeding unhealthy ideas to people. At Forte Fitness, your trainer will provide personalized nutritional leadership! We help shape healthy bodies to promote overall wellness, and reduce preventable heart disease, obesity, high cholesterol, and more.

Some Words from a Happy Member

We love the convenience of having the wellness center just minutes from our house. Management is friendly, professional, and knowledgeable in helping us improve our overall health. We find our energy levels are higher since working out regularly. The trainers and classes are especially helpful. It is very affordable, especially given the proximity!

Alexis H.



Visit Our Facebook Page

Facebook.com/JasperHighlandsWellness/

Schedule a Session at the Wellness Center!

JasperHighlandsWellness.com or (423)-939-9061

Wellness Center Reminders

K. Hays offers massage services every other Sat.
 Group fitness is free your first time!
 No membership required to purchase spin & yoga classes or personal training sessions



The Wellness Center: Schedule

The Wellness Center (Staffed Hours)

Monday 7am - 2pm Wednesday

7am - 2pm

Tues / Thurs 12pm - 7pm Friday 7am - 2pm **Saturday** 8am - 12pm **Sunday**Closed

The Wellness Center (Class Hours)

Monday

10am - Vinyasa Yoga 4pm - Yogalates Tuesday

10am - Yogalates 4pm - Vinyasa Yoga Wednesday

10am - Vinyasa Yoga 4pm - Yogalates Thursday

10am - Yogalates 4pm - Vinyasa Yoga

Friday

Bi-Weekly Fitness Seminars*
(Dates TBD, follow us on Facebook for updates!)
*Complimentary to all members/residents

Saturday

9am - Spin 10:15 - Vinyasa Yoga 11:30 - Tai Chi







Progress in Phases 5A & 4B!



AROUND the FIREHOUSE

If you have an emergency, be it fire, medical, or criminal, always dial 911. All our Department responses to an emergency come from Marion County Dispatch as a result of your 911 call.

Fire Prevention Week for 2020 is October 4-10. This year's theme is "Cooking Up Fire Safety in the Kitchen"...very appropriate for our new homes. Cooking is the #1 cause of home fires and home injuries. Unattended cooking is the leading cause of fires in the kitchen. Scald burns are the second leading cause of burn injuries. Hot liquids from coffee and even microwaved soup can be extremely dangerous. Please stay focused on the food you are cooking and keep your cooking areas clear and free of clutter.



The Fire Department and the Fire Department Auxiliary have planned several events to educate the community about fire safety and prevention. On October 1st Top of the Rock hosted a Meet and Greet Your Local Firemen. It was a fun event, well attended, and very educational. Top of the Rock, as usual, provided great food and beverage! On October 10th, from 10am to noon, The Fire Department will present LT. Richard Hahn to discuss EMS capabilities and procedures in the event of a medical emergency

on the Mountain at the FireHouse. You don't want to miss this! In addition to that we are kicking off our Fall fundraising event...a raffle to win a beautiful new Big Green Egg Barbecue Grill. Tickets are \$10. Each, buy 5 and get one free, buy 10 and get two free! Drawing will be held at the Christmas Dinner Potluck. Please buy tickets for family and friends! The Big Green Egg is the finest grill money can buy! Tower Bank and the Lodge Factory are sponsoring this event.

Master wood craftsman, Mike Kline of Atlanta, GA and brother Steve Kline of RB50, donated this gorgeous wooden flag to JHFD in remembrance of 9-11. We are honored, and grateful. It will be displayed prominently in the Hall. Thank you guys!



When purchasing merchandise on the internet, please consider using AmazonSmile.com! Amazon will donate .5% of your purchase price to our Department at no additional cost to you. During signup simply type Jasper Highlands Volunteer Fire Department, location: Union Grove, AL as that is where our Finance Department is located. This will help us buy firefighting equipment we need to better protect you and your home!

AROUND the FIREHOUSE (CONTINUED)

This month's Firefighter Spotlight is on **Michael Durfee** from Massachusetts.

What did you do in your professional life before moving to Jasper Highlands?

"I was a National Park Ranger and Wildland and Structural Firefighter. I worked at Boston National Historic Park, Yellowstone, Yosemite, Natchez Trace Parkway, and Pinnacles National Park. I transferred to the US Fish and Wildlife Service, near Sacramento and became a Wildland Fire and Resource Manager. I retired in 2019."

What made you want to become a Firefighter, again, at this stage of your life?

"I still have some good years and 35 years of experience as a Firefighter. I wanted to continue serving our Community and pass on my years of training and experience to help those who also want to safely serve our Community."

What do you like most about Jasper Highlands Fire Department?

"I enjoy the great group of people who have the desire to also serve. For most of us, this is a new experience and I enjoy the dedication all the members have, to learn and make the Department one to be proud of. I'm looking forward to passing on my experience and expanding my skills to be an effective member."



If you are interested in joining our team, please call our local boss, Cliff, at **423-309-2842**. Thanks and stay safe!

- RD Johnson / Firefighter -









Smoke Alarring

enoil 13

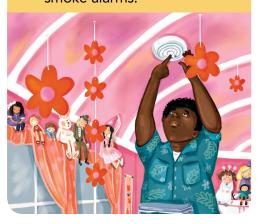
SMOKE ALARMS ARE A KEY PART of a home fire escape plan. When there is a fire, smoke spreads fast. Working smoke alarms give you early warning so you can get outside quickly.



- Install smoke alarms in every bedroom. They should also be outside each sleeping area and on every level of the home. Install alarms in the basement.
- Large homes may need extra smoke alarms.
- It is best to use interconnected smoke alarms. When one smoke alarm sounds, they all sound.
- Test all smoke alarms at least once a month.
 Press the test button to be sure the alarm is working.
- Current alarms on the market employ different types of technology including multi-sensing, which could include smoke and carbon monoxide combined.
- Today's smoke alarms will be more technologically advanced to respond to a multitude of fire conditions, yet mitigate false alarms.
- A smoke alarm should be on the ceiling or high on a wall. Keep smoke alarms away from the kitchen to reduce false alarms. They should be at least 10 feet (3 meters) from the stove.
- People who are hard-of-hearing or deaf can use special alarms. These alarms have strobe lights and bed shakers.
- Replace all smoke alarms when they are 10 years old.

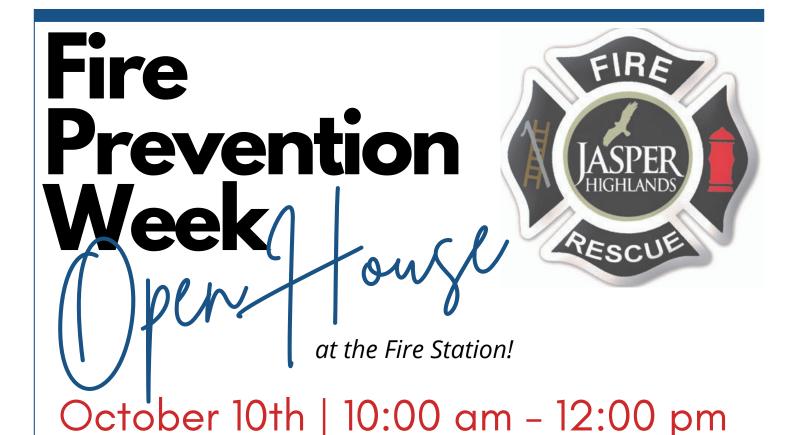
FACTS

- ① A closed door may slow the spread of smoke, heat, and fire.
- (1) Smoke alarms should be installed inside every sleeping room, outside each separate sleeping area, and on every level. Smoke alarms should be connected so when one sounds, they all sound. Most homes do not have this level of protection.
- Proughly 3 out of 5 fire deaths happen in homes with no smoke alarms or no working smoke alarms.









Learn how to protect your home and loved ones from fire

EMS PRESENTATION BY RICHARD HAHN (FIREFIGHTER, EMT & JH RESIDENT) AT 11:00 AM

Purchase Raffle Tickets for The Big Green Egg and Lodge Cookware!

- AED Demo
- Fire Extinguishers for sale
- Tour the Fire Hall and Trucks
- SCBA Demo

Cookies &
Cider provided
by the
Auxiliary

Visit NFPA.org to learn more



RAFFLE

\$10 A TICKET
BUY 5, GET 1 FREE
BUY 10, GET TWO FREE



ENTER TO WIN!

- THE BIG GREEN EGG
- FINEX 12" Skillet with lid (value \$300)
- Blacklock 12"Skillet and 12" Grill Pan (value \$200)
- Lodge Combo Cooker (value \$64.00)



DRAWING ON



TO PURCHASE TICKETS, CONTACT:

KIM SKATULA | 307.267.5310 **OR** KATRINA TEDFORD |301.325.0170

SPONSORED BY:



TOWER
COMMUNITY BANK

A Higher Standard



Disclaimer: Winners responsible for pick up and delivery. Winner does not need to be present to win.





JASPER HIGHLANDS SOCIAL ACTIVITIES

Social opportunites on the mountain are diverse and many...

Monthly Potlucks – Pickle ball groups – Gym and Yoga Classes Ladies Bunco – Horseshoes – Pool parties – Various holiday parties ATV/UTV group rides – BBQ's – Men's Breakfast Club Group hikes – Art classes – Ladies Game Night – Group restaurant visits – Chattanooga Lookouts – Minor League Baseball games Bible studies – Fishing – Dog park parties – Jam sessions at the pavilion Card parties – Campfires – Group motorcycle rides

...and much much more!





NEWS, NOTES AND REMINDERS

Anyone wishing to **donate** to our **Jasper Highlands Volunteer Fire Department**

Please make a check payable to: JHVFD Auxiliary and mail it to Jasper Highlands Volunteer Fire Department Auxiliary, c/o Anna Johnson, Treasurer, 170 Hovering Hawk Dr., Jasper, TN 37347. Upon receipt of your check a receipt will be forwarded to you for tax purposes. The department is a 501(c) 3 and your donations are tax deductible and very much appreciated.

Interested in being featured in our **Community Spotlight section?**

Just email jillb@tnland.com!

We have **changed the bathroom codes** for all of the restrooms on the mountain (Pat's Summitt, Gazebodacious, and the Hemmingway Hut) to **1478**

Please remember to lock the doors after you use them!

If you would like to set up trash and recycle pick up services, please contact Angela Meyers

Her email is amyers@republicservices.com and her cell number is 423-834-0566.

For your dogs safety, please have your dog on a leash anytime they are outside of your yard!

Please abide by the speed limit and be aware of cyclists!

Know someone looking for a **beautiful wedding venue?**

Send them over to get more info from: www.jasperhighlands.com/lifestyle/weddings/

Know someone from any of the following states?

You could be \$1000 richer for referring someone to us who buys from any of our states not represented here at Jasper Highlands!

Idaho, North Dakota, or Rhode Island

PLEASE avoid all unpaved roads and the hunting areas for safety to all!

The JH Volunteer Fire Department Auxiliary Welcome Committee:

New homeowners should expect a welcome visit from a pair of JHVFD Auxiliary members soon after you move in. Their mission is to share very important fire safety and general JH information with you and answer most any question you may have as a new neighbor! Till then please check out the Fire Department / Auxiliary website: www.jhvfda.com for JH lifestyle information, FAQ's and an ever expanding local business directory.

JHWS Customers,

It is required by the State of Tennessee to have a Backflow Preventer installed on your property if you have a Pool, Lawn Irrigation, Hot Tub, etc. Please notify JHWS once your backflow preventer has been installed on any new construction of such projects. It should also be noted that backflow preventers are required to be tested yearly for proper performance by a certified inspector.

The following information should be emailed to Heath Hall: hhall@tnland.com

Installation Date Model Number Serial Number Owners Name & Email Lot Number

If you have any questions, please contact **Heath Hall hhall@tnland.com** or **Clarence Howard clarence@thunderenterprises.com**

